Take action if you test positive

DAY 0

Everyone:
Stay home and away from others (isolate)

People at high risk for severe illness:
Talk to your doctor about treatment

End isolation on day 6 or later if you never had symptoms or if you are fever-free for 24 hours and other symptoms improved

Everyone through day 10:
- Wear a mask OR use 2 negative antigen tests to decide when to stop wearing a mask
- Avoid people at high risk of getting very sick

DAY 11
or later

See CDC's isolation guidance for more info:
bit.ly/COVID19Isolation

CDC

MMWR

AUGUST 11, 2022

Take action if you're exposed to COVID-19

EVERYONE:

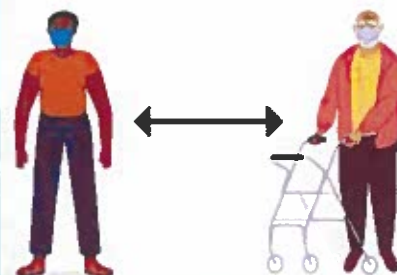| Watch for symptoms for 10 days	Wear a mask around others indoors for 10 days	Test 5 days after exposure (or sooner if you have symptoms)	Take extra precautions for 10 days when around people more likely to get very sick
		COVID-19 (2019-nCoV) If positive, follow isolation guidance	