

Week Four: Touching

Key verses: Psalm 107:1-3

Supplies

Option 1 for foam painting: tray or cookie sheet, shaving foam, spatula, food coloring or acrylic paint

Option 2 for guessing game: variety of small objects, a bath towel

Read

“Give thanks to the Lord because he is good, because his faithful love lasts forever! That's what those who are redeemed by the Lord say, the ones God redeemed from the power of their enemies, the ones God gathered from various countries, from east and west, north and south.” Psalm 107:1-3

Respond

Option 1:

Spray shaving foam onto a tray or cookie sheet. Smooth foam with spatula. Squirt food coloring or acrylic paint onto surface of foam. Using your fingers, swirl designs into the shaving foam to feel the foam and paint. As you swirl, discuss what you are thankful to God for this week.

Option 2:

Before playing, choose a variety of small objects and spread them out on one half of the towel. Fold the other half over to hide the objects. Divide the folded towel into four sections labeled “east,” “west,” “north,” “south.” To play, take turns choosing a section, putting your hand on the towel in that section, choosing one object, and guessing what it is. Play until everyone has had a turn or all objects have been identified. After the activity, share names of people you know that God has gathered from various countries.

Pray

God of all times and all places. God of sight, taste, sound, touch, smell, and service. Grant us your grace in this season of Lent as we ready our hearts and bodies to remember Christ's sacrifice and anticipate the celebration of Christ's resurrection. Provide us with better understanding of new life and unity. Bring us into deeper relationships and greater community, springing from the joy and hope that come from an intentional walk with Christ. Amen.